



Fitness Wednesdays



4's Students

2:00 - 3:00 p.m.

8 weeks beginning March 17, 2010

\$140 per student

The goal of JumpBunch Sports and Fitness for Kids is to provide a friendly introduction to sports while building coordination, self-esteem, and encouraging a healthy lifestyle. Each class begins with cardio movement and age-appropriate muscle strengthening, then children participate in the sport of the week. JumpBunch offers 70 different activities and sports, all designed to develop eye/hand coordination, large and fine motor skills, muscle development and body balance.

All registrations must be pre-paid for your child to participate.
Please complete and return form to the school office.



A.C.E. Club Registration Form Wednesdays Fitness - \$140

Student's name _____ Teacher's name _____

Parent's name _____ Phone # _____

Emergency contact _____ Phone # _____

Fee enclosed \$ _____ (check payable to WHC)

For accounting purposes, we require you to provide a separate check for each ACE Club activity.

Liability Waiver: As a participant in the JumpBunch fitness program, my son/daughter is in good health and has my permission to participate in this tennis program. WHC and the JumpBunch assume no responsibility and will not be held liable for any accident resulting in medical, dental or other expenses.

Parent's signature _____ Date _____