



KEY THINGS TO KNOW ABOUT Camp Keetov

CAMP DATES:

- Big Kids Mini Camp (4's & 5's only): Monday, June 16 - Friday, June 20
- Session I: Monday, June 23rd - Friday, July 11th
- Session II: Monday, July 14th - Friday, August 1st; *all campers will be dismissed after lunch @ 12:30 on 8/1*
- **THERE WILL BE NO CAMP** on Friday, July 4th

CAMP HOURS:

- Big Kids Mini Camp: 9:30 am - 12:30 pm (campers dismiss after lunch)
- 3's Campers (sessions I & II): 9:30 am - 12:30 pm
- 4's & 5's Campers (sessions I & II): 9:30 am - 2:30 pm
- Our lobby gate will open at 9:25 am. Please be prepared to wait with your camper until this time.
- An "early risers" drop-off is available at 8:45 am on an as needed basis for a fee of \$10 per child per day. Please provide one day's notice to the office staff if you need this service.

WHAT TO BRING:

We provide camp bags for every **Camp Keetov** camper! Camper should bring their camp bags each day with the following **labeled** items:

- Lunch, including drink
 - Per school and camp policy, no items containing even trace amounts of peanuts or tree nuts, pork or shellfish may be sent.
 - If your child has any additional food allergies dietary restrictions, e.g. kashrut, please inform the camp office.
 - Include an ice pack in your child's lunch. *State of Maryland regulations require ice packs in all lunches that are not refrigerated.*
- A large beach towel
- If your child stays until 2:30 pm, an extra towel for rest period *This extra towel will be kept at camp and sent home weekly for laundering.*
- Sunscreen
- A hat
- Underwear (see below)
- An extra change of clothes (including underwear and socks) in a zip-lock bag to remain in the classroom for the duration of camp
- An extra bathing suit if your child stays until 2:30 p.m.

WHAT TO WEAR:

- Sunscreen
- Appropriate and comfortable play clothes so that they can fully enjoy their camp experience
- Swimsuits under their clothes, with underwear packed in their camp bags. If the weather is questionable, dress your camper in underwear and send a swimsuit along in the camp bag.
- **Sneakers every day** to best ensure safety on playground equipment. We encourage velcro closures to support self-reliance and independence. **Please do not send your child in flip-flops or Crocs. They have been the cause of too many playground injuries and are not allowed at Camp Keetov.**

***Label EVERYTHING YOUR CHILD BRINGS TO CAMP,
INCLUDING CAMP BAG, LUNCHBOX, SOCKS, SHOES AND
SUNSCREEN.***



EVERY DAY IS A FUN DAY AT Camp Keetov!

TYPICAL MORNINGS INCLUDE:

- ☺ Water play - sprinklers, slides and water tables
- ☺ Indoor and outdoor arts and crafts
- ☺ Playground, bicycles and sandbox fun
- ☺ Music
- ☺ Blocks and imaginative play
- ☺ Large muscle activities
- ☺ A healthy snack and lunch

CAMPERS IN OUR 4'S AND 5'S GROUPS WILL ALSO HAVE:

- ☺ A short rest
- ☺ A gentle introduction to age-appropriate sports instruction and cooperative games
- ☺ Woodworking
- ☺ Creative Cooking
- ☺ Dramatics
- ☺ Additional play time
- ☺ Special activities designed just for our full-day campers

EACH WEEK OF CAMP WILL ALSO INCLUDE SPECIAL VISITORS WHO PROVIDE:

- ☺ Cultural arts programming and special events
- ☺ Creative dramatics and storytelling
- ☺ Nature and science fun
- ☺ Shabbat celebrations
- ☺ Creative movement
- ☺ Shabbat celebrations
- ☺ Special musical moments ... and so much more!



NOTES FROM OUR CAMP NURSE...

IMPORTANT MEDICAL INFORMATION:

- If your child is sick please keep him/her home from camp.
- Notify the camp office if your child has been diagnosed with a communicable disease/condition (e.g. strep throat, lice, etc).
- All children must be kept home from camp *for 24 hours after the first dose of prescription medication.*
- If your child has been cultured for strep, he/she should not return to camp until the results are known. *If your child tests positive for strep, your child will not be re-admitted into camp until 24 hours after the first dose of prescription medication has been given.*

IMPORTANT INFORMATION REGARDING MEDICATION:

- **All medication must be hand-delivered to the camp nurse. No medication may be sent in backpacks or lunch boxes.**
- All prescription medication must have a pharmacy label.
- All medication, both prescription and over-the-counter, must be accompanied by a physician's order.
- If your child has an EpiPen or will need to take medication during camp hours, appropriate forms must be completed by parent **and** physician.
- If your child has any food allergies, remember to complete and return the Food Allergy Action Plan to our nurse.
- Please stop in the nurse's office if you have any questions and to check-in any medication.



DISMISSAL PROCEDURES

In order for all campers to safely and expediently exit our building, the following dismissal procedures exist. Please abide by and respect these procedures so that our staff can provide a safe and happy conclusion to the camp day. Please also share these procedures with any caregiver who may pick up your child from camp.

- Park only in appropriately marked spaces in the parking lot. Do not park along the curbs, around the circle or in any specially designated or reserved spaces.
- If the lobby gate is closed, please wait until it is raised to meet your child at his/her camp room.
- Camp group leaders will dismiss children only to their parents or designated carpool driver. If someone other than the parents or regular carpool driver will pick up your child, please notify your group leader ***in writing***. Without written permission we will not release your child to anyone other than their pre-designated drivers.
- Remain outside the camp room. The group leader will bring your child to you.
- If you need to speak with your child's group leader or counselor, please wait until all campers have been safely dismissed. Their primary responsibility is to their campers, and they should not be distracted from this important task.
- Hold your child's hand as you walk through the building and, especially, the parking lot.
- Keep our camp phone number, 301-279-7505, with you at all times in the event that you need to contact us.